Example of a Self-Contained Lesson Plan.

	<i>Monday</i> Preview Model Interest	Tuesday Model and GUIDE	Wednesday GUIDE and go farther	Thursday ASSESS and Clarify	<i>Friday</i> Fix Go Deeper Finish well
READING	T: Read passage aloud. Model skill. S: Use the skill, guided by teacher—the same part of the passage or another part.	T: Model and guide – how to S: Read with a partner or group—use the skill with this week's passage.	T: Ask students: how do you S: Work with a partner to use the skill with another part of the same passage.	T: Set up open-ended question(s) to check status. S: Independently use the skill with an unfamiliar passage or part of the passage.	S: Write your own—add a part to the passage. Give it to another student to read. Answer openended questions. Students needing assistance: revisit the passage with coaching.
WORDS	Set up word display to expand and use each day.	Add examples and illustrations to word display.	Add examples and illustrations to word display.	Make a word chart: Word Picture	Make Your Own Glossary.
WRITING	T: Model how to write a S: List what they will include in their own	T: Model how to write S: Write it and exchange with other students to see what they wrote	T: Review criteria for a good S: Improve the	S: Edit and improve each other's	S: Contribute to class guide—how to write a good
CONTENT	T: Preview, Pose a big question, Demonstrate reading about a topic. S: Students list information. Start glossarydraw picture to show word meaning.	T: Read further Demonstrate how to find IMPORTANT information. S: Read more and locate and classify information.	T: make a graphic organizer to show how to organize information to support an idea or topic S: Make graphic organizers and write captions.	Students write in response to a BIG question Or Take a quiz and then work with another student to improve responses.	S: summarize what you learned this week. Advanced students make their own guide to the topic.
MATH	Introduce Terms and demonstrate • Patterns • Strategies	Re-model the math Guide problem solving ✓ Students work in pairs/groups	Guide Students work in pairs/groups.	Assess and clarify as students use the week's math independently. Solve Problem Explain how	Make math guides with examples. Teacher coaches students needing support.